



Giving
Hope
Today

Community & Family Services
Seaway Mall, 800 Niagara Street,
Unit JJ, Welland, ON, L3C 5Z4
Phone: (905) 735-5700
Fax: (905) 735-8713

Food Bank & Drop –in Help:
Tues 9:30am-12:30pm
Thurs 9:30am-12:30pm
Fri 9:30am-12pm

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NIAGARA FALLS COMMUNITY MEAL SCHEDULE - DECEMBER 2019

	BREAKFAST	LUNCH	COFFEE/SNACK	DINNER
SUNDAY	8:30 am Drummond Hill Church 6136 Lundy's Lane	11:30 am - 12:30 pm River of Life 1-6095 Dunn St		5:00 pm - 6:00 pm Soup Kitchen, 4865 St. Lawrence LAST SUN OF MONTH 5:30 pm - Niagara Falls Gospel Hall 7154 Adams Ave
MONDAY	7:30 am - 11:00 am - The Hub Drop In 4333 Queen St	11:45 am - 1:00 pm - The Soup Kitchen 4865 St. Lawrence Ave		5:00 pm - 6:00 pm - The Soup Kitchen 4865 St. Lawrence Ave
TUESDAY	7:30 am - 11:00 am The Hub Drop In 4333 Queen St	11:45 am - 1:00 pm Soup Kitchen, 4865 St. Lawrence 12:00 pm - Main Street Baptist Church 6151 Main St		5:00 pm - 6:00 pm Soup Kitchen, 4865 St. Lawrence 1ST TUES OF MONTH 6:00 pm - Niagara Worship Centre 6846 Frederica Ave
WEDNESDAY	7:30 am - 11:00 am The Hub Drop In 4333 Queen Street	11:45 am - 1:00 pm Soup Kitchen, 4865 St. Lawrence 11:30 am - 12:30 pm Southminster United Church 6801 Hagar Ave	1:30 pm - 3:30 pm Southminster United Church 6801 Hagar Ave	5:30 pm - Drummond Hill Church 6136 Lundy's Lane 5pm - 6pm - St. Andrew's Church 5645 Morrison St 5:00 pm - 6:00 pm Soup Kitchen, 4865 St. Lawrence
THURSDAY	7:30 am - 11:00 am The Hub Drop In 4333 Queen St	11:45am - 1pm, The Soup Kitchen 4865 St. Lawrence Ave 11:30am-1:30pm, Andy's Button Bistro, St. Andrew's Church 4645 Morrison St		5:00 pm - 6:00 pm Soup Kitchen, 4865 St. Lawrence
FRIDAY	7:30 am - 11:00 am The Hub Drop In 4333 Queen St	11:45 am - 1:00 pm The Soup Kitchen 4865 St. Lawrence Ave 11:30 am - 1:30 pm Andy's Button Bistro St. Andrew's Church, 4645 Morrison St	2:00 pm - 3:00 pm NF Comm Health Centre 4790 Victoria Ave 1ST FRI OF MONTH 7:00 pm - The Storefront 4618 Erie Ave	SALVATION ARMY MOBILE TRUCK 4pm-Pink Elephant, Lundy's Lane 5pm-Continental Inn, Ferry St 6pm-Cash & Carry, Main St 7pm-Shoppers Drug Mart, Victoria Ave 1ST FRI OF MONTH 6:30 pm - River of Life, 1-6095 Dunn St
SATURDAY	3RD SAT OF MONTH 9am - 11am, The Storefront 4618 Erie Ave 9:00am-11:00am Drummond Hill Presbyterian 6136 Lundy's Lane			5:00 pm - 6:00 pm Soup Kitchen, 4865 St Lawrence

Prepared by Niagara Falls City Councillor Lori Lococo, 905 357 5902

** All programs are subject to change without notice**

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Size	Location	Description	Rent	Contact	Recorded Date
Room	Niagara Falls	Furnished, not pet friendly, unlimited usage of internet, no parking, shared bathroom and kitchen, no smoking, no alcohol, no sharing room, close to amenities, close to bus	\$475 (inclusive)	905-341-8108	Mar. 22, 2020
Room	3207 Appleford Ave, Niagara Falls	Furnished, not pet friendly, close to bus, smoke free environment, internet, laundry	\$450	Call or text 1-647-292-2715	Mar. 21, 2020
Room	5830 Ferry St, Niagara Falls	Furnished, pet friendly, single occupancy only, shared kitchen and washroom, wifi, close to bus	\$500 (inclusive)	Call 289-501-9140 or 289-228-9991	Mar. 20, 2020
Room	3859 Orlando Dr, Niagara Falls	Furnished, not pet friendly, free parking, available May 1, close to amenities, single occupancy only	\$550 (inclusive)	https://www.kijiji.ca/v-room-rental-roommate/st-catharines/room-for-rent-for-1-person-n-f-5-corners-area-550-all-incl/1493176278	Mar. 19, 2020
One Bedroom	9 Sunset Way, Allanburg	Basement apartment, internet, parking, month-to-month rent, not pet friendly, laundry in building, dishwasher, air conditioning, yard, no smoking, furnished, laundry	\$1000 + utilities	Text 647-808-0185	Mar. 21, 2020
One Bedroom	5666 Temperance Ave, Niagara Falls	Parking, pet friendly, laundry in building, smoking outdoors only, close to amenities, upper level	\$1000 + hydro	https://www.kijiji.ca/v-apartments-condos/st-catharines/niagara-falls-one-bedroom-central-location/1492898089	Mar. 17, 2020
One Bedroom + Den	Niagara Falls	Ground floor, parking, move-in June 1, limited pet friendly, laundry in unit, dishwasher, air conditioning, no smoking	\$1300 + heat and hydro	https://www.kijiji.ca/v-apartments-condos/st-catharines/niagara-falls-1-1-br-ground-floor-avail-june-1/1493020908	Mar. 18, 2020

 <p>THE SALVATION ARMY Giving Hope Today</p>	<p>Community & Family Services Seaway Mall, 800 Niagara Street, Unit JJ, Welland, ON, L3C 5Z4 Phone: (905) 735-5700 Fax: (905) 735-8713</p>	<p>Food Bank & Drop –in Help: Tues 9:30am-12:30pm Thurs 9:30am-12:30pm Fri 9:30am-12pm</p>
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Three Bedroom	5555 Drummond Rd, Niagara Falls	Not pet friendly, balcony, no smoking, elevator in building, parking is an additional \$35 per month, laundry in building, close to amenities	\$1575 (inclusive)	Call 905-359-8302 from 8am-8pm	Mar. 21, 2020
Three Bedroom	3148 Cattell Dr, Niagara Falls	Parking, month-to-month, move-in May 1, pet friendly, dishwasher, air conditioning, smoking outdoors only, upper level	\$1500 (inclusive)	Call or text 905-988-6606	Mar. 18, 2020
Three Bedroom + Den	Cedar St, Niagara Falls	Internet, parking, move-in May 1, not pet friendly, laundry in unit, air conditioning, yard, no smoking, close to amenities	\$1650 + utilities	https://www.kijiji.ca/v-apartments-condos/st-catharines/3-bedroom-house-perfect-for-small-family-or-caregiver/1492793985	Mar. 16, 2020

RESOURCES	PHONE NUMBER	ADDRESS	RESTRICTIONS
YWCA Shelter St. Catharines	905-988-3528 ex. 3228	183 King St St Catharines	Women 16+ with or without children
YWCA Shelter Niagara Falls	905-357-9191 ex 4025	6135 Culp St Niagara Falls	Women 16+ with or without children
YWCA Men's Shelter	289-686-4466		Men 18+ Families
YWCA Family Shelter	289-668-4962 905-357-9191 ex. 4022		Families
Hope Centre	905-788-0744 ex. 224		Families
Southridge Shelter	905-682-2477	201 Glenridge Ave St. Catharines	Men and women 18+
Booth Centre Men's Shelter	905-684-7813	184 Church St St. Catharines	Men 18+
The RAFT Youth Shelter	905-984-4365	17 Centre St St Catharines	Men and women 16-24
Nightlight Shelter	905-358-3678	5519 Ontario Ave Niagara Falls	Men and women 16-30
Gillian's Place Shelter	905-684-8331	15 Gibson Place St. Catharines	Women with or without children escaping violence
Women's Place Shelter Niagara Falls (Nova House)	905-356-5800		Women with or without children escaping violence
Women's Place Shelter Welland (Serenity Place)	905-788-0113		Women with or without children escaping violence
Women's Detox	905-687-9721	6 Adams St St. Catharines	Women's Withdrawal Management Service (Detox)

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Men's Detox	905-682-7211	10 Adams St St. Catharines	Men's Withdrawal Management Service (Detox)
CMHA Safe Beds	1-866-550-5205 ex. 2 (Mental Health and Addictions Access Line)	15 Wellington St St. Catharines	Men and women 16+ in mental health crisis (Referral needed at goo.gl/pNyG2h)
Abbey House	905-684-9736	115 Dufferin St E St. Catharines	Aboriginal women 16+ with or without children
Chez Marie Refugee Assistance Centre	905-682-5795	16 Pelham Rd St Catharines	Newcomers and refugees
Casa El Norte	905-871-4483	281 Central Ave Fort Erie	Refugees
Matthew House	905-871-6059	183 Central Ave Fort Erie	Refugees

